



Salads

Spinach Orzo Salad orzo pasta, sun dried tomatoes, pistachios, parmesan cheese on baby spinach with lemon vinaigrette **\$6.95**

Chinese Chicken Salad, nappa cabbage, pea pods, mandarin oranges, carrots, water chestnuts and ginger vinaigrette **\$7.95**

Classic Cobb Salad with chicken, bacon, avocado, tomato, scallions, eggs and blue cheese dressing **\$7.95**

Char Grilled Chicken Salad grilled chicken, parmesan cheese on romaine lettuce **\$6.25**

Chef Salad turkey, Swiss cheese, cucumbers, egg on assorted greens **\$6.25**

Hydro-bib Salad dried cherries, berries, toasted pine nuts, black diamond cheddar cheese and peach berry vinaigrette **\$6.95**

Sandwiches

California Veggie Wrap avocado, sprouts, carrots, zucchini, squash, peppers, and ranch dressing **\$6.50**

Italian Cold Cut Panini prosciutto, sweet capicola, provolone, tomato on ciabatta bread **\$8.95**

Classic or Turkey Ruben sauerkraut, swiss cheese and thousand island dressing **\$6.25**

Roast Beef roasted eye of round, sharp cheddar cheese, and horsey sauce on sourdough bread **\$6.25**

Grilled Tuscan Vegetable portobello mushroom, roasted peppers, mozzarella cheese, basil pesto on a focaccia roll **\$6.25**

Grilled Chicken Quesadilla fresh grilled peppers, cilantro, pepper jack cheese on tortilla **\$6.25**

Tuna, Chicken, Egg Salad \$5.95

Roasted Turkey Lawash Wrap swiss cheese and Dijon mustard mayonnaise **\$5.95**

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www.townsendbakery.com