

# ***Breakfast***

*Served from 6:30 am to 11:00am*

## ***Continental Breakfast***

*Choice of Freshly Squeezed Fruit Juices*

*Townsend Bakery Basket with Butter, Jams, Preserves and Honey*

*Choice of The Townsend Blend Coffees, Cappuccino,  
Espresso Coffee or Selection of Teas*

*Small Fresh Seasonal Fruit Plate  
\$17*

## ***The Townsend Breakfast***

*Choice of Freshly Squeezed Fruit Juices*

*Swiss Muesli with Nuts and Seasonal Fresh Berries*

*\*Two Farm Eggs, Any Style with Applewood Smoked Bacon, Chicken  
Sausage and Hash Brown Potatoes*

*Townsend Bakery Basket Served with Butter, Jams, Preserves and Honey*

*Choice of The Townsend Blend Coffees, Decaffeinated Coffee  
or Selection of Teas  
\$27*

## ***The Birmingham Spa Breakfast***

*Choice of Freshly Squeezed Juices*

*Fresh Seasonal Fruits with Low Fat Yogurt*

*\*Egg White Frittata with Leeks, Shiitake Mushrooms, Spinach,  
Tomatoes, Feta Cheese and Baby Arugula*

*Bran Muffin or Multi Grain Toast with Margarine*

*Choice of Chinese Herbal or Japanese Green Tea  
\$24*

*\*Items contain or may contain raw or undercooked ingredients  
Consuming raw or undercooked meats, seafood, shellfish,  
Or eggs may increase your risk of food born illness*

## ***Breakfast Favorites***

### ***From the Orchard***

*Sliced Seasonal Fruit Plate \$12*

*Seasonal Mixed Berries \$13*

*Lavender Honey Glazed Grapefruit Segments with  
Sun-dried Michigan Cherries \$9*

### ***From the Plains***

*Selection of Frosted Flakes, Cheerios, Special K, Rice Krispies,  
Granola, Raisin Bran or All Bran \$5*

*Hot Oatmeal with Brown Sugar, Raisins and Hot Steamed Milk \$8*

*Muesli with Yogurt, Nuts and Fresh Seasonal Berries \$ 9.50*

*Buttermilk Griddle Banana Pancakes with Banana Foster,  
Walnuts and Cinnamon \$14*

*Cinnamon Raisin French Brioche with Bananas Foster,  
Pecans and Cinnamon Butter \$14*

*Belgian Waffle with Fresh Strawberries and Whipped Cream \$12*

### ***From the Farm***

*\*Two Farm Eggs any Style with Hash Browned Potatoes  
and choice of Applewood Smoked Bacon, Grilled Ham,  
Pork Sausage or Chicken & Apple Sausage \$15*

*\*Prime New York Strip Steak and Two Eggs Any Style with  
Hash Browned Potatoes \$24*

*\*Scottish Smoked Salmon with Chive Scrambled Eggs, Dill Cream Cheese  
And Wilted Baby Spinach \$15*

*\*Three Egg Omelet with Your Choice of Ingredients and served with Hash  
Browned Potatoes \$14.50*

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## ***Rugby Grille Specialties***

*Maryland Crab Cake “Benedict” Served on a Toasted English Muffin  
with Asparagus Tips and Roasted Fingerling Potatoes \$17*

*\*Eggs “Benedict” Canadian Peameal Bacon Served on a  
Toasted English Muffin and Hash Browned Potatoes \$16*

*\*Maine Lobster Omelet with Wild Mushrooms, Asparagus Tips and  
Canadian Black Diamond Cheddar Cheese \$15*

*\*Egg White Frittata with Leeks, Shiitake Mushrooms, Spinach,  
Tomatoes and Feta Cheese with Fresh Fruit \$14*

*Grilled Chicken and Green Chili Burrito with Scrambled Eggs,  
Tomatillo Salsa and Pepper Jack Cheese wrapped in a  
Flour Tortilla with Black Beans, Tomatoes and Avocado \$14*

*Tiramisù French Toast stuffed with Kahlúa Marscapone Cheese Served over  
Coffee Crème Anglaise with Whipped Cream and Chocolate Shavings \$16*

## ***Accompaniments***

*Fruit or Plain Yogurts \$5*

*Roasted Red Skin Potatoes \$4*

*Hash Browned Potatoes \$3*

*Smoked Applewood Bacon, Grilled Ham, Pork Sausage  
Or Chicken Apple Sausage \$5*

*Canadian Black Diamond Cheddar Cheese Grits \$3*

*New York Style Toasted Bagel with Cream Cheese \$4.50*

*\*With Nova Lox or Scottish Smoked Salmon \$18*

*Bakery Basket Served with Butter, Jams, Preserves and Honey \$11*

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## ***Townsend Coffees***

*We offer Two Distinctly different Blends, Our Rich and Robust **Townsend Blend** for a Full Body Dark Roast Profile and **Caffé Mocarabia** for a Lighter and Mellow Profile.*

***The Townsend Blend** was created in 1989 as our signature coffee. A Rich and Robust blend of hand washed Arabica beans from Guatemala, Costa Rica, Colombian and Brazilian Estates creates a Big, Round and Well Balanced flavor with a Sensational Aroma.*

***Caffé Mocarabia** is Italy's most exclusive coffee. The name Mocarabia comes from the history of coffee: "Moka" is the original seed of all Arabica coffees and was introduced to the Arabian Peninsula in the early fourteenth century. Mocarabia is a blend of 100% arabica beans from Central and South America, Africa and Asia. Their beans are individually roasted very slowly, and then cured for two days in specially designed containers. Each cup of Caffé Mocarabia produces an extremely balanced flavor with a clean finish.*

## ***Beverages***

*Townsend Blend Coffee, Caffé Mocarabia, Decaffeinated Coffee*

*Or Herbal Tea \$4*

*Low Fat, Soy, Skim or Regular Milk \$4*

*Hot Chocolate \$5*

*Soft Drinks \$4*

*Café au Lait, Espresso or Decaffeinated Espresso \$5*

*Cappuccino or Decaffeinated Cappuccino \$6*

*Freshly Squeezed Orange or Grapefruit Juice, V-8 Tomato, Apple,*

*Pineapple or Cranberry Juice \$6*

*The Sunrise Smoothie*

*Fresh Orange Juice Blended with Yogurt, Honey and Your Choice of Strawberries and Banana, Mixed Berries or Tropical Blend \$8*