

BREAKFAST

SERVED FROM 6:30AM TO 11:00AM

CONTINENTAL BREAKFAST

Choice of Freshly Squeezed Fruit Juices
Townsend Bakery Basket with Butter, Jams, Preserves and Honey
Choice of The Townsend Blend Coffees, Cappuccino,
Espresso Coffee or Selection of Teas
Small Fresh Seasonal Fruit Plate 17

THE TOWNSEND BREAKFAST

Choice of Freshly Squeezed Fruit Juices
Swiss Muesli with Nuts and Seasonal Fresh Berries
**Two Farm Eggs, Any Style with Applewood Smoked Bacon,*
Chicken Sausage and Hash Brown Potatoes
Townsend Bakery Basket Served with Butter, Jams, Preserves and Honey
Choice of The Townsend Blend Coffees, Decaffeinated Coffee or Selection
of Teas 27

THE BIRMINGHAM SPA BREAKFAST

Choice of Freshly Squeezed Juices
Fresh Seasonal Fruits with Low Fat Yogurt
**Egg White Frittata with Leeks, Shiitake Mushrooms, Spinach,*
Tomatoes, Feta Cheese and Baby Arugula
Bran Muffin or Multi Grain Toast with Margarine
Choice of Chinese Herbal or Japanese Green Tea 24

TODAY'S BREAKFAST FEATURE

"TUSCAN BREAKFAST BOWL"

Grilled Sourdough Bruschetta Croutons tossed with Tomatoes,
Pancetta Bacon, Arugula, Ricotta Salada, E.V.O.
Topped with Poached Eggs and Fresh Basil 16

** Items contain or may contain raw or undercooked ingredients*

CONSUMING RAW OR UNDERCOOKED MEATS, SEAFOOD, SHELLFISH OR EGGS
MAY INCREASE YOUR RISK OF FOOD BORN ILLNESS

BREAKFAST FAVORITES

FROM THE ORCHARD

SLICED SEASONAL FRUIT PLATE 12

SEASONAL MIXED BERRIES 13

LAVENDER HONEY GLAZED GRAPEFRUIT SEGMENTS

Served with Sun-Dried Michigan Cherries 9

FROM THE PLAINS

**SELECTION OF FROSTED FLAKES, CHEERIOS, SPECIAL K, RICE KRISPIES,
GRANOLA, RAISIN BRAN OR ALL BRAN 5**

HOT OATMEAL WITH BROWN SUGAR, RAISINS AND HOT STEAMED MILK 8

MUESLI WITH YOGURT, NUTS AND FRESH SEASONAL BERRIES 9.5

**BUTTERMILK GRIDDLE BANANA PANCAKES WITH BANANA FOSTER,
PECANS AND CINNAMON BUTTER 14**

**CINNAMON RAISIN FRENCH BRIOCHE WITH BANANAS FOSTER,
PECANS AND CINNAMON BUTTER 14**

BELGIAN WAFFLE WITH FRESH STRAWBERRIES AND WHIPPED CREAM 14

FROM THE FARM

*** TWO FARM EGGS ANY STYLE**

Hash Browned Potatoes

*and Choice of Applewood Smoked Bacon, Grilled Ham,
Pork Sausage or Chicken & Apple Sausage 15*

*** PRIME NEW YORK STRIP STEAK AND TWO EGGS ANY STYLE**

Served with Hash Browned Potatoes 24

*** SCOTTISH SMOKED SALMON**

Chive Scrambled Eggs, Dill Cream Cheese And Wilted Baby Spinach 15

*** THREE EGG OMELET WITH YOUR CHOICE OF INGREDIENTS**

Served with Hash Browned Potatoes 14.5

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RUGBY GRILLE SPECIALTIES

MARYLAND CRAB CAKE “BENEDICT”

*Served on a Toasted English Muffin
with Asparagus Tips and Roasted Fingerling Potatoes 17*

*** EGGS “BENEDICT”**

*Canadian Peameal Bacon Served on a
Toasted English Muffin and Hash Browned Potatoes 16*

*** MAINE LOBSTER OMELET**

*Wild Mushrooms, Asparagus Tips and
Canadian Black Diamond Cheddar Cheese 15*

*** EGG WHITE FRITTATA**

*Leeks, Shiitake Mushrooms, Spinach,
Tomatoes and Feta Cheese with Fresh Fruit 14*

GRILLED CHICKEN AND GREEN CHILI BURRITO

*Scrambled Eggs, Tomatillo Salsa and Pepper Jack Cheese wrapped in a
Flour Tortilla with Black Beans, Tomatoes and Avocado 14*

BRIOCHE FRENCH TOAST “CRÈME BRULÉE”

*Crème Brulée Batter with Fresh Berry-Grand Marnier
Compote and Whipped Cream 16*

ACCOMPANIMENTS

FRUIT OR PLAIN YOGURTS 5

ROASTED RED SKIN POTATOES 4

HASH BROWNED POTATOES 3

**SMOKED APPLEWOOD BACON, GRILLED HAM, PORK SAUSAGE
OR CHICKEN APPLE SAUSAGE 5**

CANADIAN BLACK DIAMOND CHEDDAR CHEESE GRITS 3

NEW YORK STYLE TOASTED BAGEL WITH CREAM CHEESE 4.5

***WITH NOVA LOX OR SCOTTISH SMOKED SALMON 18**

BAKERY BASKET SERVED WITH BUTTER, JAMS, PRESERVES AND HONEY 11

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European Herbal, exclusively blended for The Townsend Hotel, is a unique mélange of rooibos tea, rose petals, Egyptian chamomile, orange peel, lemon verbena and spearmint that intrigues the palate with its well-balanced flavor and outstanding bouquet. This caffeine-free infusion pairs well with fine foods while delivering healthy antioxidants and minerals.

Crème Earl Grey is a smooth and elegant combination of classic Earl Grey and blue mallow flowers. With vanilla overtones and soft hints of cream, this organic blend makes a delightfully bold and uplifting tea with a satisfying finish.

Queen Jasmine Pearl is a superior green tea from the Fujian province that produces a delicate flavor with heavenly jasmine notes. After young green leaves are shaped into tiny pearls, they are scented five times to produce the highest quality available.

Breakfast Blend is a premium organic black tea with a robust, full-bodied character and bright golden liquor. An outstanding morning tea that pairs well with milk and sugar.

BEVERAGES

ONO LOOSE TEAS 5

FRENCH PRESS CAFFÉ MOKARABIA

Served for Two 10

TOWNSEND BLEND COFFEE, DECAFFEINATED COFFEE OR HERBAL TEA 4

LOW FAT, SKIM OR REGULAR MILK 4

HOT CHOCOLATE 5 SOFT DRINKS 4

CAFÉ AU LAIT, ESPRESSO OR DECAFFEINATED ESPRESSO 5

CAPPUCCINO OR DECAFFEINATED CAPPUCCINO 6

FRESHLY SQUEEZED ORANGE OR GRAPEFRUIT JUICE 6

CARROT OR POMEGRANATE JUICE 6

V-8, TOMATO, APPLE, PINEAPPLE OR CRANBERRY JUICE 5

THE SUNRISE SMOOTHIE

*Fresh Orange Juice Blended with Yogurt, Honey and
Your Choice of Strawberries and Banana or Mixed Berries 8*